



## Venus Viva Post Procedural Care Instructions

### Your Procedure

The treatment you have selected is the Venus Viva

### Post-Procedural Care – Day 1 to 7

The healing time for any given treatment varies between different clients. The following represents the general recovery phases one might expect. Individual clients may experience variations from this course.

#### **Swelling/Discomfort/Redness:**

Swelling of your wrinkles occurs immediately. While it is possible for patients to experience swelling in the under-eye for the day, this swelling will subside. For the first three hours, there will be redness and slight heat emanation from the treated area. It is unusual to experience severe or excessive pain; let us know if this occurs. Bruising is not common; let us know if this occurs. You should notify us if you experience pain that is severe or excessive, as this is unusual.

#### **Activity:**

Post-treatment redness is mild, and you may return to regular activities immediately. If you experience mild heat emanating from the treated area, this is normal – do not apply ice or cooling compresses, as the heat being produced in the treated area is your body's natural healing response.

#### **Moisturizer:**

Moisturizer should be applied after 24 hours regularly throughout the course of your treatment series.

#### **Make-up:**

Make-up can be applied immediately after each treatment. Do not sleep with makeup on the treated area. It is important to remove make-up that is applied to the skin at night.

#### **Avoiding the Sun:**

Avoiding direct sun should become a permanent component of your long-term skin care program. Always use a broad-spectrum sunscreen of SPF 30 or greater, even on cloudy days, regardless of season.

#### **Long-Term Skin Care:**

In addition to avoiding direct sun exposure, we suggest all clients use long-term skin care that will optimize the youthful, rejuvenated appearance you have achieved. We offer clients a program for long-term facial skin maintenance. This unique program offers state-of-the-art-skin maintaining and rejuvenating creams that are only available and administered by our medical team.

#### **Home Regime:**

To enhance the results of the treatments, we recommend that you maintain a health and active lifestyle. Gaining weight during your treatment series could compromise your end results.

#### **WARNING SIGNS:**

The following are some of the symptoms that should alert you to the possibility of an impending or existing complication and you should contact the clinic:

##### **Infection may be present if you notice:**

- Increased (rather than decreasing) facial swelling after the first 24 – 36 hours.
- Redness spreading beyond the area of resurfacing, that is warm and tender to touch.